

## Year 9 History Trip to Imperial War Museum



Photo from Rayanne 9.6

Hendon School visited the Imperial War Museum on Wednesday 17<sup>th</sup> January.

Here are some pictures and comments from the students about their favourite moments from the trip:

“ I really liked the display house which was around the middle of the tour because you could go inside and see what the houses were like and how they were typically decorated during the war.... But I think my favourite part of the museum was probably the part where you could see the life of the women, how they had to act, how they had to adjust and work and also the suffragette clothing because I found it very empowering.” **Jess 9.2**



Thomas 9.1 getting his height measured to see if he's eligible.



Photo from Marin 9.2

“My favourite things that I saw were the war planes, tanks and the jeeps too. Also, I really like the atmosphere of the trenches and the bomb shelter, in both you could hear the sirens but, in the trenches, you could hear the incoming bombs too, this helped paint a picture of just how terrifying and scarring being in the frontline was.” **Grace 9.1**

“I found the museum trip to be an amazing experience for me! The immense amount of artifacts, propaganda, clothing, diary's, aircraft's and war equipment was astonishing. I could have looked around for hours! It really made me dive into the reality of the war, not only the perspective of fighting in the war but also of the families and women who were involved. In conclusion, it

was a great experience and I could go again any day.” **Natalia 9.8**

“My favourite things on the history trip were the interactive parts of the exhibits such as the trenches which were built to look like real trenches and even had projected barbed wire and soldiers running. I also enjoyed the part where you could see the interior of a British house, what type of furniture they had and the food they ate. Overall, it was a really fun trip and it was interesting to learn about both WW1 and WW2. ” **Lea 9.7**



Neela 9.3 trying out the uniform

**Ms Tabor - Head of History**

Diary Dates	
❖ Monday 12 <sup>th</sup> - Friday 16 <sup>th</sup> February	Half Term Break
❖ Monday 19 <sup>th</sup> February	Academic Review Day
❖ Wednesday 21 <sup>st</sup> February	Year 8 HPV Immunisations
❖ Thursday 22 <sup>nd</sup> February	Year 9 Student Progress Evening
❖ Monday 26 <sup>th</sup> - Friday 1 <sup>st</sup> March	Year 11 Mock Exams
❖ Monday 4 <sup>th</sup> - Friday 8 <sup>th</sup> March	National Careers Week
❖ Thursday 7 <sup>th</sup> March	Year 10 Student Progress Evening
❖ Friday 15 <sup>th</sup> March	Cultural Day
❖ Thursday 21 <sup>st</sup> March	Year 8 Student Progress Evening
❖ Thursday 28 <sup>th</sup> March	Last day of Spring Term
❖ Monday 15 <sup>th</sup> April	Start of Summer Term Inset Day (School closed to students)

## Step into Dance battle

On Saturday 27<sup>th</sup> January our Hendon Break Dance Crew represented Hendon School at the annual Step into Dance battle hosted in Stratford Town Hall. There was a wide range of different Hip-Hop Battle events that were held, including 1Vs1, 2vs2 and crew battles.

Our BBoy crew called 'Spaced out' have attended training regularly to prepare for the competition. This was the first time that our crew had attended a battle event together. It was awesome to see them showcasing their different sets, routines and solos.



The first-round students were up against 2 other crews. John (9.3) and Rayyan (10.5) our teams crew captains were cool, calm and very professional. They were able to respond accordingly and organise everyone by sending out their first routine. After a slick delivery of their first set followed by a solo from Nart (7.5) the crew went through to the semi-final.

The semi-final was very close but after a very tense round we were selected by the judges for the final which was explosive and the rounds contained some surprises. The trick from Rayaan and also an incredible routine that was carefully choreographed and full of energy. The judges voted and we won!!!

Huge congratulations to Rayyan (10.5), John (9.3), Radj (9.4), Mihai (9.4), Ivan (10.7), Matei (11.1), Nabil (10.2), Grace (9.1), Qaseh (9.1), Ali (7.5), Enaam (7.2), Lorenzo (7.2), Mohammed-Baqir (7.5) and Nart (7.5). It takes a lot of resilience, time and effort and we recognise the hard work and talent from each and every one of you!! We are already looking forward to our next events coming up in May and July. Thank you to parents and Mr Ebose who came to watch and support on Saturday!

*Mrs Choolun and Miss Goodman*

## Year 12 Mock interviews

As part of our on-going careers programme, Year 12 students have had the opportunity to take part in two mock interviews. The first conducted by staff from the Mayor of London's Office. The second conducted by staff from HSBC and Pentland facilitated by the charity Making the Leap <https://makingtheleap.org.uk/>

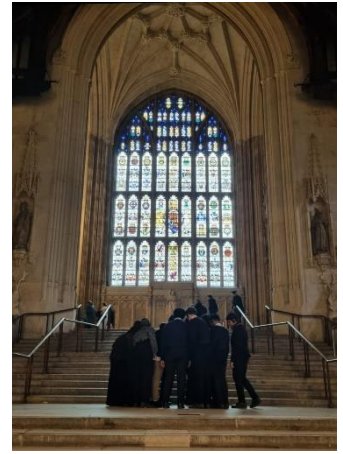
All our guests were impressed by the students who took part and students also enjoyed the experience. Each student also received verbal and written feedback.



*Ms Doona - Assistant Headteacher*

## HS6 Politics students visit to Parliament

On Wednesday 31<sup>st</sup> January, our year 12 and 13 Politics students had the opportunity to visit the UK Parliament. They were taken on a guided tour where they followed the exact same footsteps that the Monarch would take during the state opening of Parliament. They visited areas such as the Monarch's robing room as well the Chambers of the House of Lords where they got to see the daily workings of how a bill is passed into an act. They also viewed Westminster Hall where many royal banquets of the past had been held, as well as where Her Majesty Queen Elizabeth II laid in state two years ago. Afterwards, both year groups had the chance to attend workshops; Year 12 debated whether the death penalty should become a law or not, while Year 13 discussed the importance of pressure groups on representing the voice of the people. It was a great opportunity and hopefully the school has more chances to visit again in future.



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“I enjoyed the opportunity to visit the UK Parliament today as it directly links into my studies and allowed me to gain an insight into life in parliament for politicians, the monarch, in ways that not even the politics textbook or the internet could have. I enjoyed the tour and having the different aspects of parliament explained to us.” *Tia Patterson Y13*



*Ms Tabor - Head of History*

## National Careers Week 4th - 9th March - Your future starts here!

This year for National Careers Week, we are hoping to invite past Hendon Students, “Old Hendonians” to support our current students. There are several different ways to get involved, these include:

- 1) Sending us a photograph of you at school and/or now stating your current or past career for us to include in our whole school Careers assembly.
- 2) Come into school and talk with a group of students.
- 3) Talk to a group of students via zoom or Teams.
- 4) Host a workshop about to showcase your career, your hobbies/ interests. (We have one Old Hendonian running a music jamming session and another running a range of science experiments).



The idea of the week is to inspire our students about their futures. During the week, we will have opportunities for tours with current students, tea with the Headteachers Dr Povey and Mr McGuire. We will also have on display some old photographs and artefacts. We are open to all ideas.

Please email Ms Doona any of your contributions or ideas: [doonan@hendonschool.co.uk](mailto:doonan@hendonschool.co.uk)

## National Apprenticeship Week Monday 5th - Friday 9th February

This week students have been able to learn about the wide range of apprenticeships available for those students in Year 11, 12 and 13. Students have been encouraged to use Unifrog to explore what is available.

Students in Year 12 had a talk about Finance apprenticeships and were given the opportunity to apply for an 8-day work experience programme.

This week all students have been taking part in a range of wellbeing activities. The wellbeing room has been open every day. On Wednesday we held Our Beyond festival. All students were off timetable for an extended form time. Student explored the theme "What matters to me - my voice matters!"

Year 9 students had a workshop about how to protect their mental wellbeing when using social media. Taking care of children's mental wellbeing has become increasingly important, particularly around the use of social media. The workshop will be led by the external company 'Social Ed'.

Year 10 students had a workshop run by the Amy Winehouse Foundation, exploring issues of addiction and mental health.

The wellbeing team ran a Pop-up wellbeing café. Serving hot drinks and snacks to students and staff who took part in a range of different wellbeing opportunities.

Parents have been sent a range of online talks about how to support students run by the Anna Freud Centre. Student have been reminded about the range of support available in school and safe sites on-line. These include:



Parents can contact Young Minds for advice and support:



**Ms Doona -  
Assistant Headteacher**

## Unifrog - Whole school Career platform

In keeping with our commitment to provide students with outstanding careers guidance and tailored support when choosing their next steps after school, we will now be using Unifrog; an award-winning, online destinations platform.

All students in Years 7, 8, 9, 10, 11, 12 and 13 now have access to this website. Parents will have received a letter this week explaining how to gain access to the site. If you have any questions, please email [careers@hendonschool.co.uk](mailto:careers@hendonschool.co.uk)



## Work Experience

### Year 12 work experience - are you able to help?

All year 12 students will be undertaking a weeks' work experience 1<sup>st</sup> - 5<sup>th</sup> July. Students are responsible for finding their own placements. We are asking our parents and wider community if they can support by offering a placement of between 3-5 days for our students. If you can support, we will ensure that we will match an appropriate student to the placement. Our Careers advisor, Mrs Mohammad will be able to offer further guidance on what this involves. If you have any questions, please either email [careers@hendonschool.co.uk](mailto:careers@hendonschool.co.uk) or telephone Mrs Mohammad on 020 8202 9004 ext. 251.

### Alternative work experience opportunities

We know that work experience is an important learning opportunity for all students. For students in Year's 10, 11 and 13. There are a range of other opportunities for students to undertake a range of free virtual work experiences. These sites include:



<https://www.speakersforschools.org/work-experience-opportunities>



<https://www.springpod.com/virtual-work-experience>



<https://medicmentor.org/>



<https://lawmentor.org.uk/>

## Year 9 paintings in response to Italian Surrealist painter Giorgio di Chirico

Well done to following Year 9 Art students for their beautiful di Chirico inspired paintings.

Sarah, Khorshid, Amani, Madina, Michael, Hannah, Riva, Darius, Sidra

Miss Schmid



## PE student of the Month

January 2024 - Mendim 10.3

This year, Mendim has hit the ground running, showcasing exceptional dedication whether on the football pitch or in class. His focus and attitude towards learning in his GCSE PE class has been applaudable and commitment towards his coursework has been second to none as he's been working extremely hard to achieve the best grade. He's also become a regular at extra-curricular clubs such as badminton/table tennis. Mendim has truly come into his own, a great inspiration for his fellow peers.



### JANUARY NOMINEES

Alexandra (10.2), Jumana (7.7), Emmanuella (9.5), Hana (8.3)

## Save the date - Hendon School Community Iftar

Building on the success of last year's Iftar, we will be hosting our Second Community Iftar on Wednesday 27th March. The Iftar is open to all, in our school, including Muslims and non-Muslims. Last year our school community were also joined by asylum seekers from local hotels. We are hoping to invite our wider community again. Last year we hosted over 300 people.

We will be looking for donations, food and money to support the Iftar. If you are able to help, please email Noelle Doona, [Doonan@hendonschool.co.uk](mailto:Doonan@hendonschool.co.uk). Please state how you will be able to help e.g. food donations and/or money. The team will then contact you after half-term to discuss further. Thank you in advance for your support.

Bookings for the free tickets will be released at the end of February.



*Mr Roman, Mr Mahay and Miss Doona*

## Barnet School annual Trampolining competition

On Tuesday 6<sup>th</sup> February students from years 7,8,9 & 10 attended the Barnet Schools annual trampolining competition. The students have been working extremely hard since September perfecting their routines, which showed when every student in attendance won a medal either through their team performance or individual. We are extremely proud of them and are excited to see the continued progress they will make this year through their dedication to training.



### Achievements:

Jacek 7.7- 3<sup>rd</sup> place

Iulian 7.3- 2<sup>nd</sup> place

Year 7/8 Girls Team- 2<sup>nd</sup> place

Year 9 Girls Team- 3<sup>rd</sup> place

Year 10/11 Girls Team- 3<sup>rd</sup> place



*Ms Downing - Head of PE*

# Teenage Vaping – Information for Parents and Carers

No doubt you will have seen much in the news recently around the issues of teenage vaping. It is quite a complicated and confusing picture, particularly for our young people. The messages from the media, NHS, e-cigarette lobby and other groups are open to misinterpretation.







We feel that it is important to talk to our whole school community about these issues so that together, we can educate our young people, enabling them to make educated and informed decisions. In order to do this, we have:


- Introduced lessons in our Science curriculum around vaping and its dangers
- Raised the awareness of vaping/addiction through assemblies delivered to all year groups
- Created intervention resources to support young people found in possession of a vape

We would like to ask you, as parents and carers, to speak directly with your child about the dangers of vaping and how it can affect their health and well-being. Hendon school takes vaping very seriously and students who are caught in possession of a vape on school site will be sanctioned.

## THE DANGERS OF VAPING

### Do you know the facts?

 <p>Many vape liquids have been found to contain 'heavy' metals which are toxic.</p>	 <p>Many retailers are selling unregulated vapes to under 18s. Unregulated products are unlikely to have been tested and safety checked.</p>	 <p>There is insufficient medical evidence to assess the long-term harms vaping can have on the human body.</p>
 <p>Vapes contain nicotine. This is a highly addictive stimulant, but it can have detrimental effects on brain development in the under 25s.</p>	 <p>There is a lack of information about the ingredients, which can cause an allergic reaction and anaphylactic shock.</p>	 <p>Studies are already showing a link between vaping and oral health problems such as a build-up of plaque, bad breath, tooth decay and gum disease.</p>



If you have any further questions, or would like to discuss any concerns, please contact your son/daughter's form tutor who will ensure that you can be directed to the appropriate staff member.

The information below has been taken from the NHS website. It provides an overview as well as facts that might be helpful when discussing vaping with your child/young person.

## **Young people and vaping**

Nicotine vaping is substantially less harmful than smoking – however, it is not risk-free. Vaping is not for children and young people, whose developing lungs and brains are more sensitive to its effects. That's why there's a minimum age of sale for vaping products in the UK. It is illegal to sell nicotine vaping products to anyone under 18 or for adults to buy them on behalf of under-18s. If you find a retailer selling either nicotine vapes or tobacco products to under-18s, you can [report a retailer to local authority Trading Standards](#) via the Citizens Advice online portal.

## **Talking to young people about vaping**

It's important for young people to know the facts about vaping so they can make an informed choice. Young people can find out more on the [FRANK website](#). Parents, carers and anyone working with children can make sure young people understand the health facts about vaping and know about vaping and the law.

## **Facts to tell young people about vaping**

- [Vaping is a way for adults to stop smoking](#) – not something for non-smokers, especially children and young people to try.
- Vaping is substantially less harmful than smoking but that does not mean it is harmless.
- Vaping exposes users to some toxins, and we do not yet know what the risks might be in the longer term.
- Most vapes contain nicotine, which is an addictive substance that can be hard to stop using once you have started.
- Nicotine is more risky for young people than for adults, as evidence suggests the developing brain is more sensitive to its addictive effects.
- In the UK, it is against the law to sell nicotine vaping products to under-18s or for adults to buy them on their behalf.
- Some disposable vapes on sale are illegal and do not meet UK safety regulations. They can contain high levels of harmful substances.

If you have any further questions, or would like to discuss any concerns, please contact your son/daughters form tutor who will ensure that you can be directed to the appropriate staff member.