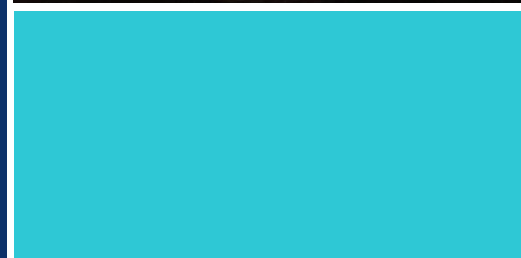




YOUNG PEOPLE'S HEALTH AND WELLBEING QUESTIONNAIRE





Helping students to be healthy

Our school is a member of the Schools Health and Wellbeing Research Network, with schools and eight universities across London, Essex and Hertfordshire. The purpose of the Network is to develop research of the highest quality, to improve outcomes for children and young people.

We have decided to take part in the Network's first annual survey for students. Our goal is to understand your health and wellbeing better, so that we can improve the opportunities we provide you, both through the topics we cover in lessons and via Student Services and other pastoral support.



What you need to know ...

- The survey will be conducted online using the latest technology which is secure and will provide rapid reporting back to school.
- The themes covered include: exercise, diet, your experience of school, bullying and smoking.
- The survey is designed for students in KS 3.
- The survey will be happen during a lesson and should take no more than 40 minutes to complete.
- Questions are all multiple choice - there is no writing.
- Once the survey closes at the end of March, your school will receive summary data of the survey results for the entire year group. They will not see individual responses.

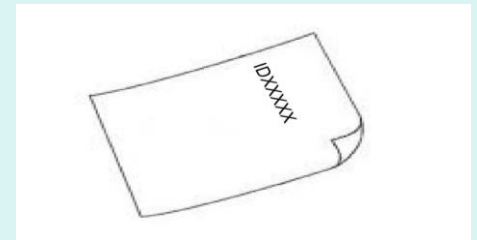


More about the questionnaire....

- It really helps us and university researchers if you take the survey, BUT you DO NOT have to – just tick a box at the start and tell the teacher you do not want to do it.
- The survey is CONFIDENTIAL – this means the school and your parents WILL NOT see your answers.
- The survey is anonymous – neither school staff nor researchers will be able to identify individuals from the data.
- Teachers have been asked to stand at the front so they cannot see your answers.
- There are no right or wrong answers.



Is it really confidential?



YES! Here's what will happen:

- Your teacher will give you a sealed slip with a number on the outside. At this point, teachers will make a note of your name against the number on the outside of the slip.
- When you tear open the slip, you will find inside a random ID number. You must type this number in twice into the survey questionnaire when told to start.
- Teachers will NOT KNOW your ID number and will therefore not be able to link survey responses to any individuals.
- If you are unhappy about taking the survey, please tick the box on the first page of the questionnaire. You will still need the ID code for this. Then tell your teacher so they can give you some other work.



Final things about the questionnaire...

- Parents / carers will receive letter about the questionnaire that asks them to contact the school if they DO NOT want their child to take part.
- The school will get an overview of the findings from the survey as graphs - it will not be possible to work out the answers of any individual student.
- A copy of the questionnaire and this presentation is on the school website for you/your parents to look at together.



If you want to know more or are worried

Please contact Mr Mann if you want more information about the questionnaire.

Many thanks!