



## Barnet Bar No One Review

Ms Patel and Ms Limerick took us to the Barnet Bar No One event at Allianz Park. There was athletics, tennis, golf, rowing, running and football. I was helping with the tennis. There were lots of schools and lots of kids had very good skills, and it was their first time playing.

I started with hand-feeding a sponge ball to them so they could learn the basic techniques and get used to hitting the ball. Most of the kids could hit the ball already and they all learnt in the end. After that I would play a point with them. I enjoyed this as it was more competitive. I also got to play some points with the coach, Chris, and this was one of the best parts of the trip.

I enjoyed the trip and was impressed with the equipment and organisers. I liked how everything was adaptable to different disabilities. For example, there were some kids with wheelchairs, but we changed the drills so they could play in a way that wouldn't cause any damage to their chair. All of the kids were very enthusiastic and excited about playing tennis and therefore they had lots of fun.

I rate this trip 10/10 as it was fun and helpful for the kids, so they can start getting more involved in sport.



Esah Hayat 8.4

*Esah Hayat 8.4*

## Hendon Teachers Run the London Marathon 2015



Hendon School had two teachers running the Virgin London Marathon this year: George Berry, proudly holding the flag of the brilliant Humanities Department and Simonetta Taccuso of the multi-talented Modern Foreign Language one.

Running a full marathon is not something for the faint-hearted: the training lasts 4 months and it generally involves running over 600 miles before even getting to race day, which requires covering the distance of 26.2 miles.

George, at his first full marathon, but a seasoned half marathon runner, was plagued by knee problems in the key phases of his training; however he still managed to get through in 4 hours 25 minutes.

Simonetta, at her 5<sup>th</sup> marathon (and her 3<sup>rd</sup> London) achieved a Personal Best of 3 hours 27 minutes.

Both George and Simonetta were back at school on the following Monday, taking students on school outings or teaching five periods, thus proving beyond doubt that teachers are the toughest and most resilient professionals on the job market.

George obtained his place in this very popular race (38,000 people ran the VLM this year) through the national ballot system, but he very generously decided to fundraise for UNRWA, a United Nation relief agency for Palestine refugees. 'I read a lot about the

situation in Syria' George said 'and I decided that raising money for war refugees was a worthy cause'. George's fundraising page is still open and even a small addition to the pot would be hugely welcome.

'I am really grateful for all the donations - he added - and all the messages of support and encouragement I received from my colleagues at Hendon; they really meant a lot'.

Asked if he would run the London marathon again George said he was not sure: 'During the race I was thinking, never again' - he admitted - 'but I know I can do a much better time with proper training and an injury free preparation, so you never know'.

Simonetta, who runs for Ealing, Southall and Middlesex AC, was very pleased with her time: 'The training was hard and relentless, I clocked over 700 miles from middle of December, as I really wanted to get a sub 3:30. I achieved my target, but I had to fight an ongoing injury that stopped me from running for a full year and it wasn't easy'.

'It would be time to stop - she added - as this is a good time for my age, but I have a qualifying time for next year London Marathon, so I may try to shave another couple of minutes off my current time. The marathon bug is hard to get rid of...'

As for coming years, the pool of talented Hendon runners competing in half marathons or even full marathons could grow. Amongst the running aficionados, currently logging on miles, we count the Stars (aka the glorious PE team), with the likes of Edd Welch, Kirsty Downing (preparing for her first marathon this autumn!) and Ben Richardson; the Senior Leadership Team that can boast the competitive Deputy Headteacher Craig McGuire and the talented cyclist - wannabe runner - Steven Nagle, who is planning to run his first half marathon in autumn this year.

*Ms Taccuso and Mr Berry*

**Reminder - School will be closed on Monday 4th May for May bank holiday. Also, school will be closed on Thursday 7th May to all students except those with examinations due to the school being used as a polling station.**

## Students On Site After-School

This is a reminder that students should not be on site after 4.30pm, unless they are in a supervised activity e.g. sports, the library or revision. Please speak to your child about this.

Many thanks

## Uniform

From September 2015, our uniform will be changing. Students have asked us if we can introduce a smarter uniform including shirts, ties and blazers.

From September, students in years 7 to 11 will wear:-

- A navy blue school blazer with the school logo
- A white shirt
- A tie - there will be 2 designs, one for KS3 and one for KS4
- A navy sweatshirt with the school logo; this may be round or V necked
- A navy blue knee length skirt or black trousers (girls) black trousers (boys)
- Appropriate black shoes.

In the summer term students will be allowed to wear the Hendon school polo shirt with the navy trim without a tie OR a white shirt with a tie

Students can continue to wear the fleece, pac-a-mac, or school coat as an item of outerwear. All uniform items can be purchased from School Wear of Hendon on Brent Street; they also offer an on line ordering service.

We will send out more detailed information on uniform expectations closer to the end of the academic year.

**Sports Day - Please note that Sports Day will take place on Friday 19<sup>th</sup> June not 21<sup>st</sup> June as advised in last week's newsletter.**

## Year 12 Work Experience 22<sup>nd</sup> June - 5<sup>th</sup> July 2015

We are still looking for placements for students, in a range of areas. If you are able to offer a placement for 1 or 2 weeks please contact Noelle Doona [DoonaN@hendonschool.co.uk](mailto:DoonaN@hendonschool.co.uk) to make the arrangements.

Thank you for your support

*Noelle Doona - Assistant Headteacher*

### Diary Dates

- ❖ Monday 4<sup>th</sup> May
- ❖ Thursday 7<sup>th</sup> May
- ❖ Thursday 14<sup>th</sup> May
- ❖ Wednesday 20<sup>th</sup> May
- ❖ Monday 25<sup>th</sup> May - Friday 29<sup>th</sup> May
- ❖ Monday 1<sup>st</sup> June - Friday 5<sup>th</sup> June

May Day Bank Holiday (School closed)  
General Election/Polling Day (School closed for students)  
Year 7 Parents' Evening  
Year 10 Oxford University Trip  
Half Term Break  
Year 9 Activity Week

## Free Learning English as a Foreign Language classes for Parents

There is no class this Saturday 2nd May. Classes will resume on Saturday 9th May at 10am in C5. If you have not attended before and wish to or want more information please email me on [JackJ@hendonschool.co.uk](mailto:JackJ@hendonschool.co.uk)

*Jacqui Jack - Parent Voice Coordinator*



**Summer Fair**  
**Sunday 28<sup>th</sup> June**  
**12-4pm**  
**Save the date**

Reminder - All Year 9 students take part in Activity Week as part of the curriculum. Money and consent forms are now overdue. Please return to Mrs Weatherhead as soon as possible.

# IMPERIAL FESTIVAL

SAT-SUN  
9-10 MAY



Make a date with discovery and enjoy the livelier side of science at the 2015 [Imperial Festival](#) this May, bringing you ground-breaking research, music and art, talks, dance and workshops.

If you've ever wondered what your brain waves look like, how bacteria move around or what would happen if an asteroid hit the Earth, then we've got the Festival for you. This free event is now in its fourth year, and open over an entire weekend for the first time - no booking necessary. Open to all, come and enjoy a packed programme of talks, tours, workshops, performances and hands-on activities.

Follow the Festival on [Facebook](#) and [Twitter](#) for all the latest news, sneak previews and behind the scenes photos. And don't forget to share your experiences using the Festival hashtag [#impfest](#)

## → WHEN

Saturday 9 May 12.00 - 18.00

Sunday 10 May 12.00 - 17.00

## → WHERE

Imperial's South Kensington Campus, Exhibition Road, London, SW7 2AZ (please see the online [map](#))

The nearest tube stations are South Kensington or Gloucester Road.

## → WHAT IS HAPPENING?

Check out the full programme of hands-on research demonstrations, talks, and music and dance performances with our [online programme](#). Highlights include:

- Take part in over 40 hands-on research activities in the [Research Zone](#) marquee
- Meet the next generation of robots that could revolutionise our daily lives in the Robot Zone
- Listen to an inspiring [talks programme](#) on topics ranging from genes and geology to frogs and finance
- Enjoy comedy songs about science from [Jonny Berliner](#)
- Have a tippie at the pop-up pub, the Haemo Globe Inn
- Get popping with the Balloonatics
- Make jelly worms and DNA bracelets with your budding scientists in the Explore Zone
- Challenge your grey matter in the all new Brain Zone
- Pitch up and listen to a capella from the [Imperielles](#) and the [Tectonics](#)
- Build a bionic limb with students and researchers from Bioengineering
- Vote for your favourite aesthetically challenged animal at the [Ugly Animal Roadshow](#)
- Journey into the hidden world of bacteria in the new Superbug Zone
- Head behind the scenes and get a glimpse of some of Imperial's most exciting labs, including the Flight Simulator and the Hamlyn Centre for Medical Robotics
- Discover why there's more to light than meets the eye in the Light Zone
- Join the conversation with [Talkaoke](#)
- Play with a 16ft mechanical dragon
- Enjoy food and drink from the [London Farmer's Market](#)

# CLUBS & ACTIVITIES – SUMMER TERM 2015

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7.45 to 8.30 a.m</b>	<b>Indoor Rounders</b> Miss Downing Sports Hall	<b>Dodgeball (All Years)</b> Mr Richardson Sports Hall	<b>Basketball (All Years)</b> Mr Wilkinson Sports Hall	<b>Indoor Football (All Years)</b> Mr Welch Sports Hall	<b>Cricket Club</b> Mr Welch Sports Hall
<b>LUNCH TIME</b>	<b>Animation Club (Year 7-13)</b> Mr Adriani - Hut 1	<b>Animation Club (Year 7-13)</b> Mr Adriani - Hut 1	<b>Animation Club (Year 7-13)</b> Mr Adriani - Hut 1	<b>Animation Club (Year 7-13)</b> Mr Adriani - Hut 1	<b>Animation Club (Year 7-13)</b> Mr Adriani - Hut 1
	<b>Badminton (All Years)</b> Miss Sheehan Sports Hall	<b>GCSE Photography Coursework Catch-Up (Year 10 &amp; 11)</b> Miss Schmid - C1	<b>GCSE Photography Coursework Catch-Up (Year 10 &amp; 11)</b> Miss Schmid - C1	<b>Handball (All Years)</b> Mr Richardson Sports Hall	<b>Football Training (Year 9)</b> Mr Rowling Sports Hall
	<b>Fitness Club</b> Fitness Room	<b>High Jump &amp; Hurdles (All Years)</b> Miss Downing Sports Hall	<b>Basketball (All Years)</b> Mr Wilkinson Sports Hall	<b>Fitness Club</b> Fitness Room	<b>Weights Club</b> Mr Mann – Old Gym
	<b>Muay Thai (All Years)</b> Old Gym	<b>Fitness Club (Girls Only)</b> Fitness Room	<b>Fitness Club</b> Fitness Room	<b>History A* Club (Year 11)</b> 1.30-2.00pm Ms. Begum - C7	<b>Elite Performers</b> Fitness Room
	<b>History Club (Years 7 – 9)</b> 1.30–2.00 pm Ms Alfred-Kamara B14	<b>Table Tennis (All Years)</b> Old Gym Urban Table Tennis	<b>Weights Club (All Years)</b> Mr Mann – Old Gym	<b>BSL (Year 10-11)</b> 1.30 - 2.00 pm Ms Stavrou - C6	<b>BBC School Report Club (Year 9)</b> Mrs Sullivan – E5
	<b>ME to WE Club (Year 9)</b> Miss Doona & Miss Cameron –E6	<b>BSL (Year 7-8)</b> 1.30 – 2.00 pm Ms Stavrou - C6	<b>Guitar Ensemble (All Years)</b> 1:30 – 2pm Mr Sparks - A.1	<b>Science Club (Year 7)</b> 1.50 - 2.15pm Ms McLaughlin - F3	<b>Keyboard Club (All Years)</b> 12:50 – 1:20pm Mr Tompkins & Mr Ramsey – A1
<b>Big Sing (All Years)</b> 1:35 – 2:10 pm A1 - Mr Halstead	<b>Junior Jazz Band (All Years)</b> Mr Tompkins – A1		<b>Ukes not Nukes (All Years)</b> 1:30 – 2pm Mr Tompkins - A.2	<b>Spelling Bee (Year 7)</b> Miss Cameron & Miss Sullivan – E6	
			<b>Textiles Club (Year 7-9)</b> Mrs Gavartin – B2		
<b>AFTER SCHOOL</b>	<b>Boxing</b> Sports Hall Tottenham Coach	<b>GCSE Photography Coursework Catch-Up (Year 10 &amp; 11)</b> Miss Schmid - C1 3.30 – 5 pm	<b>Film Club (Year groups will depend on the film being screened)</b> Mr Harris – Library 3.30-5 pm	<b>Creative Writing Club (All Years)</b> Mr Harris - Library 3.30-4.30 pm	<b>6<sup>th</sup> Form Badminton</b> Sports Hall
	<b>Table Tennis</b> Old Gym Urban Table Tennis	<b>Rounders (All Years)</b> Field	<b>GCSE Photography Coursework Catch-Up (Year 10 &amp; 11)</b> Miss Schmid - C1 3.30 – 5 pm	<b>Key Stage 3 Art (Year 7-9)</b> Ms Sergent - C2 3.30 - 4.30 pm	<b>6<sup>th</sup> Form Fitness Club</b> Fitness Room
		<b>Senior Jazz Band (All Years/Speak to Mr Tompkins beforehand)</b> Mr Tompkins & Mr Halstead – A1	<b>GCSE Art Catch Up (Year 10)</b> 3.30 - 5 pm Ms Sergent – C2	<b>Cricket (All Years)</b> Field	<b>6<sup>th</sup> Form Football</b> Field
		<b>Cookery Club (Year 7-8)</b> Ms Thompson – B3 3.30 – 4.30 pm	<b>GCSE Art Catch Up (Year 10)</b> 3.30 - 5 pm Ms Sergent – C2	<b>BSL (Staff)</b> 3.30-4.30 pm Ms Stavrou - C6	
		<b>Athletics (All Years)</b> Sports Hall/Field	<b>TFL Campaign Group (Year 8-10)</b> 3.30-4.30 pm Miss Doona – B9		
		<b>Orchestra (All Years)</b> 3:30 – 4:30 pm Miss Luc – A1	<b>Homework Club (Year 11)</b> 3.30-4.30 pm Miss Lashley – F5		