

PE

Extra – Curricular Activities

Get Involved!



4-a-Side Football



- Come and play some 4-a-Side Football!
- On: Friday
- Time: Lunchtime
- Where: Sports Hall
- Who: All Years
- Please Bring: PE Kit
- For more information please see Mr Welch

Boxing Club



- ◉ Come and try out our new boxing club!
- ◉ On: Monday
- ◉ Time: After School 3:30-4:30
- ◉ Where: Sports Hall
- ◉ Who: All Years
- ◉ Please Bring: PE Kit
- ◉ For more information please see Mr Welch

Basketball Training

- Come and shoot some hoops!
- On: Wednesday
- Time: Before School (7:45-8:30) & After School (3:20-5:20)
- Where: Sports Hall
- Please Bring: PE Kit
- For more information please see Mr Wilkinson or Mr Bower



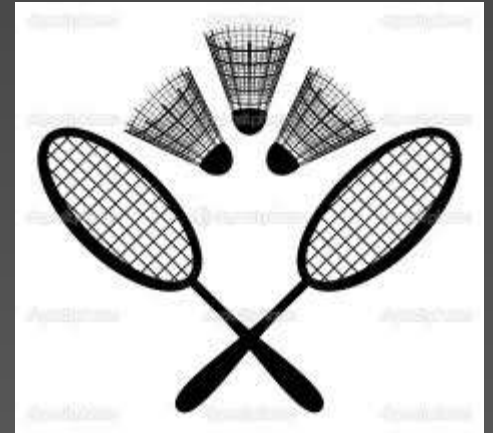
AM Football



- ◉ Come and play football before school, the perfect way to wake up!
- ◉ On: Thursday
- ◉ Time: 7:45 to 8:30
- ◉ Where: Sports Hall
- ◉ Please bring: PE Kit
- ◉ For more information see Miss Downing

Badminton Club

- Come and play badminton!
- On: Monday
- Time: Lunchtime
- Where: Sports Hall
- Who: All years
- Please Bring: PE Kit
- For more information please see Mr Rowling



Football Training



- Come and join our football club!
- On: Monday After School – Year 10 & Sixth Form
- Tuesday After School – Year 7 and yr 10
- Thursday After School – Year 8
- Where: Field
- Please Bring: PE Kit, Shin Pads and Football Boots
- Come to the PE Department for more details

Girls Football



- Girls, Come and get involved in Football
- On: Monday
- Time: 3:30-4:30
- Where: Field
- Please Bring: PE Kit, Shin Pads and Football Boots (Field Only)
- See Miss Downing for more details!

Badminton Club

- Sixth Formers come and play badminton!
- On: Friday with a fully qualified coach
- Time: After School (3:30-4:30)
- Where: Sports Hall
- Who: 6th Formers
- Please Bring: PE Kit
- See Mr Welch for more details



Table Tennis Club



- ◉ Come and join in with our professional coach.
- ◉ On: Monday and Tuesday
- ◉ Time: After School (Monday), Lunchtime (Tuesday)
- ◉ Where: Old Gym
- ◉ Please Bring: PE Kit
- ◉ See Mr Welch for more details

Fitness Club



- Come and try out our fitness club!
- On: Wednesday & Friday
- Time: Lunchtime
- Where: Old Gym
- Who: All Years
- Please Bring: PE Kit
- For more information please see Mr Mann